



2017 Jay Armstrong Award for Outstanding Alumni

Jay Armstrong

Jay Armstrong moved to Southlake and began his adventure as a Dragon in November of 1998. His gift of instant recollection of game stats quickly earned the admiration of players and coaches alike and the rest, as they say, is history. Despite being wheelchair bound due to Cerebral Palsy, Jay never let his diagnosis keep him from becoming one of the most involved sports alumni Southlake has ever seen. Jay's days as a student at Carroll came to a close when he graduated in May 2002, but after earning a BS in Sports Management from the University of Texas, he was headed home to Southlake. Upon

his return, Jay was hired as the Athletic Assistant for Sports Information and Social Media Relations for the Carroll Athletic Department. People have said that the hard drive that contains all things Dragon Athletics is in Jay's head. He can recall details from a game years ago as if it were yesterday. He's forgotten more about Carroll than most people have ever known. Jay's love and dedication to all things Dragon made him the obvious choice. His dedication, courage & feelings related to the district and its students, both current and former, show that he truly "bleeds green." He is a living tribute to the early traditions of Carroll. In Jay's own words, "Tradition isn't a t-shirt slogan, it's a way of life." Jay's charisma, contagious joy, humility and valor continue to set an example that all Dragons should hope to follow.